

PSYCHOLOGY

Experience Map



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University
of Windsor

PSYCHOLOGY

PSYCHOLOGY WITH THESIS

CHILD PSYCHOLOGY

DEVELOPMENTAL PSYCHOLOGY

DEVELOPMENTAL PSYCHOLOGY WITH THESIS

CONCURRENT PSYCHOLOGY/EDUCATION/ECE

COMBINED DISABILITY STUDIES AND PSYCHOLOGY

INTERDISCIPLINARY ARTS AND SCIENCE

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PSYCHOLOGY

SKILLS AND KNOWLEDGE OF PSYCHOLOGY GRADUATES

PROGRAM HIGHLIGHTS

Psychology – This degree can help you answer such questions as what makes people think and act the way they do? What causes people to interact with each other in functional and dysfunctional ways? To what extent do our personality and environment influence our behaviour?

Psychology with Thesis – Choose from our broad selection of courses to learn about such topics as memory, motivation, and decision-making, how the attitudes and actions of other people influence us, the origins and treatment of mental illness, human development from birth to death, and the way our cultural backgrounds shape the way we think and behave.

Child Psychology – This program is for you if you wish to focus on child and adolescent development. Courses emphasize different lifespan periods and various aspects of typical and atypical development.

Developmental Psychology – In this program, you'll focus on child, adolescent and adult development. Courses emphasize different developmental periods and characteristics of both typical and atypical development over the lifespan.

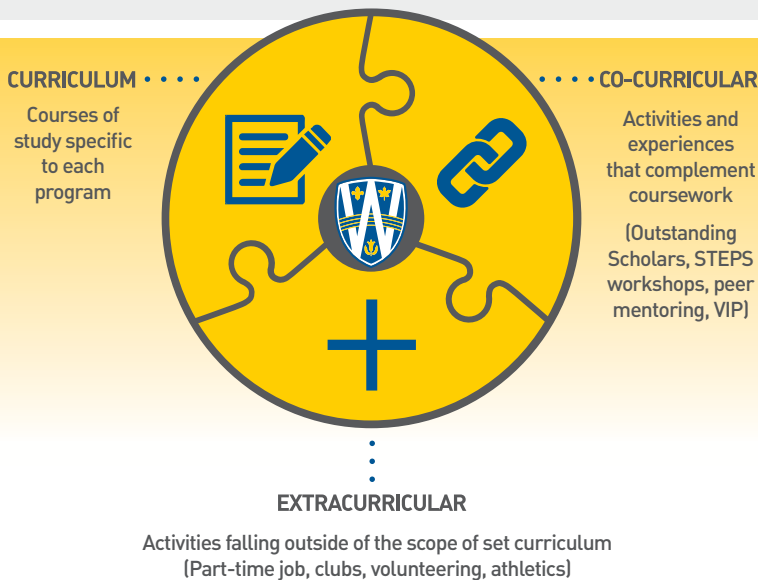
Developmental Psychology with Thesis – The four-year Honours BA in Developmental Psychology with Thesis program will prepare you to apply for MA and PhD degrees in psychology. Graduate study in psychology can lead to careers such as: child psychologist in private

practice or an organization; psychology teaching (with additional studies); research and practice in university; government; health and social services.

Concurrent Psychology/BEEd/Diploma in ECE – Offered jointly over five years in co-operation with St. Clair College, this joint program will prepare you to teach at the preschool and primary-junior levels (K-6).

FUNCTIONAL KNOWLEDGE

- Understanding and assessing the psychological, emotional, cognitive, and social determinants of human behaviour
- Identifying, interpreting, and communicating key issues relevant to individuals, groups and society
- Understanding and applying behavioural components of psychological theory
- Appreciating the respective roles of various governmental, community, and health-care institutions
- Being sensitive to and understanding key psychological problems and the broader human condition
- Conducting qualitative/quantitative psychological research; gathering information, assessing and analyzing data, and establishing links



BUILD YOUR SKILLS AND EXPERIENCE

Your UWindsor experience is more than attending classes. It is a combination of academics, co-curricular activities, and extracurricular involvement. By making the most of all three elements of your university experience, you will maximize your opportunities to build your skills, broaden your personal network, and clarify your long term academic and career goals.

CAREER PLANNING GUIDE

Intentional career planning will help you prepare for your next step after graduation. It is a fluid, dynamic, and continuous process, meaning you can move on or return to an earlier stage at any time. You can even work through simultaneous cycles, like one for your long-term dream job and another for a summer job.



Experience Map

HOW TO USE THIS GUIDE

This guide is meant to help you explore various opportunities throughout the course of your UWindsor experience. It is intended to help you link academics, co-curricular, extra-curricular and career planning activities by suggesting some of the options available to you. This is to help you see what you can do, rather than what you are required to do!

Academics



First Year

- Take the two required introductory psychology courses, Introduction to Psychology as a Behavioural Science, and Introduction to Psychology as a Social Science. Both have a mentorship component
- Review course and program degree requirements
- Meet with an academic advisor
- Consider combining your Psychology degree with another area of study
- Receive peer mentorship and advising from the Psychology Students' Association

Experience



- View available internships or field placements for your program of study*
- Apply for a co-curricular experience such as the Volunteer Internship Program (VIP)*
- Investigate research opportunities as part of the Outstanding Scholars program*
- Take part in the Psychology Research Participant Pool
- Research student exchange opportunities for middle years*
- Join such clubs as the Psychology Students Association, Social Science Association, Students Offering Support

Career



- Create a list of things that you enjoy, areas in which you excel, and your skills
- Meet with Career & Employment Services (CES) to develop a plan for your future years
- Consider taking an interest assessment to help you identify possible career paths
- Attend a CES workshop to learn how to find a summer or part-time job
- Become familiar with the mySuccess online job search tool
- Attend a CES resumé and cover letter workshop to get your resumé critiqued

Middle Years

- Enrol in social, child and other specialized psychology courses to explore different interests
- Take required courses and check in with academic advisor to make sure you are on the right path and in the right program to meet your academic goals
- Look into volunteering to work in a professor's research lab★
- Consider declaring a minor

- Join a professional association in your field such as the Ontario Psychological Association
- Participate in the UWill Discover undergraduate research conference★
- Attend a Psychology Students' Association event such as the meet the professor night or annual gala
- Apply for student exchange★
- Expand your skills by taking on a summer, part-time or volunteer position
- Look for a leadership role in a club or society

- Research career fields and occupations
- Explore opportunities and meet employers through a job fair or employer information session
- Attend the Graduate and Professional Schools Fair to explore further educational opportunities
- Analyze the requirements for graduate or professional schools
- Make an appointment with Career & Employment Services to explore career options
- Create a LinkedIn profile and have it critiqued
- Take part in informational interviews through such sources as Ten Thousand Coffees

Final Year

- Meet with an academic advisor to review degree requirements
- Complete all required courses to fulfill degree requirements
- Apply to graduate through MyUWindsor Portal
- Work with a faculty member on a thesis, research project or publication★
- Look into research or teaching opportunities with department professors and graduate students
- Take a field work or practicum course to optimize your senior experience★

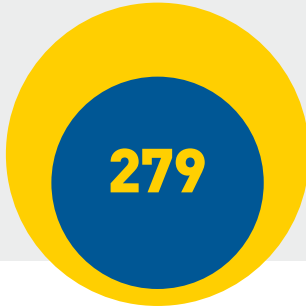
- Become a committee representative on the Psychology Departmental Council and/or the Undergraduate Studies Committee
- Conduct field research with a faculty member★
- Become a tutor for Students Offering Support (SOS)
- Become a peer mentor for students enrolled in Introduction to Psychology
- Take a Practicum course in Psychology, Developmental Psychology or Social Change

- Consider applying to graduate or professional school. Be aware of early application deadlines
- Meet with Career & Employment Services to prepare such application documents as a resumé, cover letter, CV or personal statement
- Attend an Interview Skills Workshop and Job Search Tips Workshop
- Set up a mock interview for professional school or job applications
- Meet employers at the annual job fair in January
- Compose a portfolio of relevant academic and work experience

★ High-Impact Practice: educational practices that include experiential learning as a basis for student engagement and successful scholarship

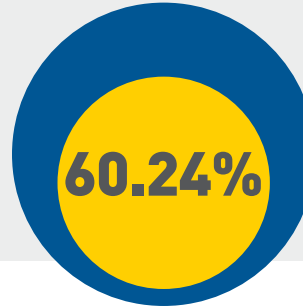
LIFE AFTER GRADUATION

2016



Number of University of Windsor graduates from Psychology programs in 2016.

2013



Percentage of Canadian university social and behavioural sciences graduates who continued their studies post-bachelor degree. (National Graduates Study 2013)



COMMON INDUSTRIES FOR PSYCHOLOGY GRADUATES

- Academia: Advanced psychological research and teaching
- Business: Research and analysis, human resources, project management
- Education: Advising, counselling, corporate training
- Government: Research and policy development
- Healthcare: Administration, counselling
- Law and law enforcement
- Immigration and community integration
- Psychology practice: Private, healthcare, corrections
- Social service and community agencies

CAREER TRACKS*

- | | | | |
|---------------------------|---------------------------|----------------------|---------------------------|
| Addictions counsellor | Disability service worker | Lawyer | Psychologist |
| Behavioural psychologist | Doctor | Mediator | Public official |
| Child and youth worker | Forensic psychologist | Mental health worker | Rehabilitation counsellor |
| Child psychologist | Gerontologist | Operations director | Research co-ordinator |
| Communications specialist | Health educator | Policy analyst | Social worker |
| Consultant | Journalist | Project manager | Teacher |
| Demographer | Law enforcement officer | Psychiatrist | University professor |

* Additional education and/or training required for some of the above careers.

CAREER-READINESS COMPETENCIES



Critical Thinking and Problem Solving: Using strategic and creative thinking to make decisions and evaluate solutions

- Analyzing and interpreting a wide range of data to discuss, support/reject opinions, reports, theories, and proposals
- Critically analyzing problems, thinking creatively, and making appropriately reasoned decisions
- Learning, understanding, and interpreting information to apply knowledge to new situations



Teamwork and Collaboration: Working as a productive member of a group and collaborating with others to achieve set goals

- Identifying one's ideal role and contributing to the collective through leading, teaching, and motivating others
- Overseeing contributions to a project, determining outcomes, planning details, delegating, and completing tasks
- Delegating responsibilities to team members



Professionalism and Work Ethic: Demonstrating personal management practices and a high level of integrity and ethical behaviour

- Identifying priorities and preferable courses of action to execute necessary tasks
- Seeing issues from a variety of vantage points
- Managing time, data, and resources to meet deadlines



Communication: Appropriate and effective articulation of ideas and information to a range of audiences

- Preparing and delivering data-driven oral and written presentations and reports using technological aids
- Developing effective, attractively organized reports
- Communicating effectively and efficiently in writing to convey the message of a broader piece of work



CAMPUS RESOURCES

- Visit **Leddy Library** and the **Writing Support Desk** on the main floor for help with academic assignments
- Improve study skills through the **Skills To Enhance Personal Success (STEPS)** program
- Discover ways to get involved on campus through the **Student Success and Leadership Centre**
- Explore mentorship opportunities through the **Connecting4Success (C4S)** and **Bounce Back** programs
- Apply to the **Volunteer Internship Program (VIP)** to get involved in the community
- Look into the **Work Study** program for on-campus employment opportunities
- Broaden your cultural awareness through the **International Student Centre** and **Student Exchange Office**
- Get assistance developing your career plan and job search skills from **Career & Employment Services**
- Consult with the **EPICentre** if you are interested in starting your own business
- Seek out assistance with academic accommodation from **Student Accessibility Services**
- Tend to your health and wellness with support from **Student Health Services, Lancer Recreation** and the **Student Counselling Centre**

Recruitment Office

Phone: 519-973-7014
Toll-Free: 1-800-864-2860
Email: info@uwindsor.ca

Department of Psychology

Phone: 519-253-3000, Ext. 2217
Email: psychology@uwindsor.ca

Career and Employment Services

Phone: 519-253-3000, Ext. 3895
Email: careerservices@uwindsor.ca
experience.uwindsor.ca



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