

NURSING

# Experience Map



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University  
of Windsor

NURSING

NURSING PROGRAM PATHWAY FOR LAMBTON GRADUATES

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# NURSING

## SKILLS AND KNOWLEDGE OF NURSING GRADUATES

### PROGRAM HIGHLIGHTS

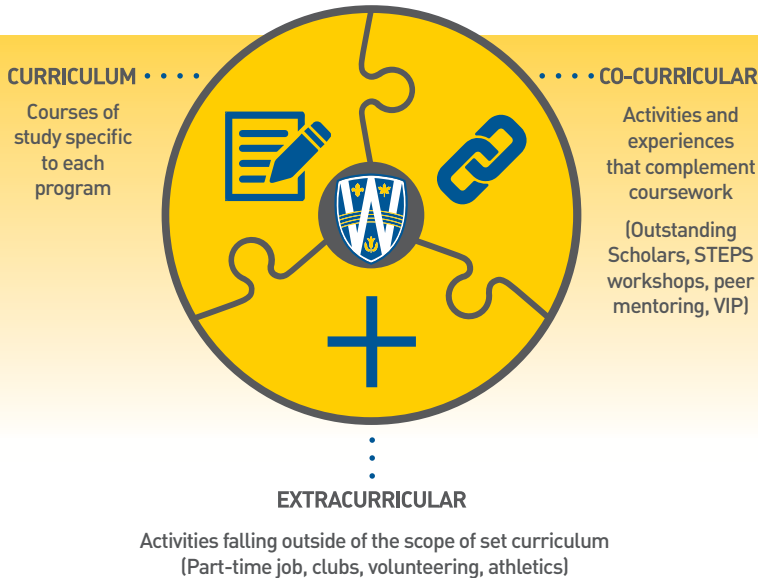
**Collaborative Four-Year Nursing** – Nursing is the science of applying knowledge, the technical aspects of practice and the art of establishing a caring relationship. Our collaborative, four-year honours BScN program will prepare you for a career in nursing with extensive clinical work, which begins in first year. You may also gain experience as a peer mentor or research assistant. Graduates are qualified to practice in both Canada and the United States, and pursue further studies.

The program is also offered collaboratively in partnership with St. Clair College (Windsor and Thames/Chatham campuses) and Lambton College (Sarnia). Students may apply to the program directly to the University of Windsor, or may apply separately to either college site.

### FUNCTIONAL KNOWLEDGE

- Appreciating critical biological, social, cultural, and psychological factors that influence health

- Exercising emotional intelligence to make useful observations, generate insights, and modify behaviour
- Understanding the structure and organization of the public health-care system in Ontario and Canada
- Understanding and applying contemporary best practices in nursing care
- Critically appraising and evaluating evidence to support nursing interventions
- Critically analyzing health-care systems from an informed perspective; advocating for and implementing change when appropriate
- Understanding and valuing ethical practice
- Collaborating within patients/clients, families, interdisciplinary health professionals to achieve positive health outcomes
- Decision making; considering information from a variety of sources to make solve problems and make decisions



### BUILD YOUR SKILLS AND EXPERIENCE

Your UWindsor experience is more than attending classes. It is a combination of academics, co-curricular activities, and extracurricular involvement. By making the most of all three elements of your university experience, you will maximize your opportunities to build your skills, broaden your personal network, and clarify your long term academic and career goals.

### CAREER PLANNING GUIDE

Intentional career planning will help you prepare for your next step after graduation. It is a fluid, dynamic, and continuous process, meaning you can move on or return to an earlier stage at any time. You can even work through simultaneous cycles, like one for your long-term dream job and another for a summer job.



# Experience Map

## HOW TO USE THIS GUIDE

This guide is meant to help you explore various opportunities throughout the course of your UWindsor experience. It is intended to help you link academics, co-curricular, extra-curricular and career planning activities by suggesting some of the options available to you. This is to help you see what you can do, rather than what you are required to do!

## Academics



### First Year

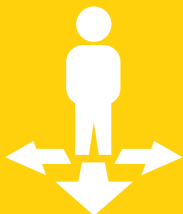
- Take required courses including Health Assessment and Introduction to Nursing
- Review degree course requirements
- Begin thinking about which nursing career speciality you may want to focus on in later years
- Attend STEPS program for tips on writing multiple-choice tests
- Receive academic advising from student success co-ordinator

## Experience



- Complete required hours for Clinical Nursing Experience and begin learning in Nursing simulation lab\*
- Apply for a co-curricular experience such as the Volunteer Internship Program (VIP)\*
- Become acquainted with the *Nursing Student Handbook and Clinical Placement Policies*
- Investigate research opportunities as part of the Outstanding Scholars program\*
- Become active in Nursing Society; become a Patient Safety Champion
- Attend such extra-curricular nursing events as the Institute for Healthcare Improvement Open School sessions, Nursing Games
- Join an association such as the Registered Nursing Association of Ontario (RNAO) and the Canadian Nursing Students Association (CNSA)

## Career



- Create a list of things that you enjoy, areas in which you excel, and your skills
- Meet with Career & Employment Services (CES) to develop a plan for your future years
- Attend a CES workshop to learn how to find a summer or part-time job
- Become familiar with the mySuccess online job search tool
- Attend a CES resumé and cover letter workshop to get your resumé critiqued

## Middle Years

- Take required courses and check in with academic advisor to make sure you are on the right path
- Gain an abundance of field experience through courses★
- Begin looking into graduate/professional school options
- Take a nursing option/elective course

- Begin networking through local job fairs and American nursing recruiting fairs
- Participate in UWill Discover undergraduate research conference★
- Complete required hours for Clinical Nursing Experience★
- Volunteer on a Faculty of Nursing Committee (Appointments Committee; Curriculum Committee)
- Research and apply for student exchange opportunities in such locations as Sweden or Australia★
- Expand your skills by taking on a summer, part-time or volunteer position
- Look for a leadership role in a club or society, such as the Nursing Society

- Explore opportunities and meet employers through a job fair or employer information session
- Attend the Graduate and Professional Schools Fair to explore further educational opportunities
- Analyze the requirements for graduate or professional schools
- Make an appointment with Career & Employment Services to explore career options
- Create a LinkedIn profile and have it critiqued
- Take part in informational interviews through such sources as Ten Thousand Coffees

## Final Year

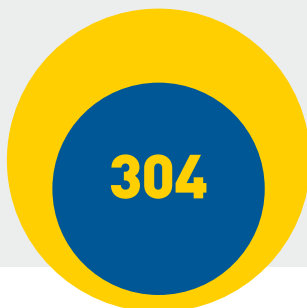
- Meet with student success co-ordinator to review degree requirements
- Complete all required courses to fulfill degree audit
- Apply to graduate through MyUWindsor Portal
- Take Transition to Professional Practice as a capstone highlighting the transition from student to professional★
- Work with a faculty member on a research project or publication★

- Compete in the annual provincial Nursing Games
- Conduct field research with a faculty member★
- Become a tutor for Students Offering Support (SOS)
- Complete required hours for Clinical Nursing Experiences in acute care and community settings★
- Take on a leadership role by applying to become a Patient Safety Champion
- Apply to be a member of our Tau Upsilon Chapter of Sigma Theta Tau International Honor Society of Nursing

- Consider applying to graduate or professional school. Be aware of early application deadlines
- Meet with Career & Employment Services to prepare such application documents as a resumé, cover letter, CV or personal statement
- Attend an Interview Skills Workshop and Job Search Tips Workshop
- Set up a mock interview for professional school or job applications
- Meet employers at the annual job fair in January
- Compose a portfolio of relevant academic and work experience

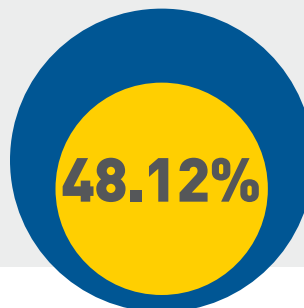
## LIFE AFTER GRADUATION

### 2016



Number of University of Windsor graduates from Nursing programs in 2016.

### 2013



Percentage of Canadian university nursing graduates who continued their studies post-bachelor degree. (National Graduates Study 2013)



### COMMON INDUSTRIES FOR NURSING GRADUATES

- Nursing Service: Direct care
- Academia
- Consulting
- Entrepreneurship
- Government: Health policy
- Health-care administration
- Insurance companies
- Sales: Pharmaceuticals, medical devices

### CAREER TRACKS\*

|                      |                                |                          |                            |
|----------------------|--------------------------------|--------------------------|----------------------------|
| Acute care nurse     | Health and safety co-ordinator | Mental health nurse      | Nurse scientist/researcher |
| Case manager         | Health-care administrator      | Oncology nurse           | Occupational health nurse  |
| Clinic nurse         | Hospice nurse                  | Nurse educator/professor | Public health nurse        |
| Community care nurse | Life care planner              | Nurse practitioner       | Travel nurse               |

Graduates who have combined nursing degrees with other degrees and experience can become health-care lawyers, software designers, nurse executives, policy analysts, or health-care project managers. The possibilities are endless.

\* Additional education and/or training required for some of the above careers.

## CAREER-READINESS COMPETENCIES



### Critical Thinking and Problem Solving: Using strategic and creative thinking to make decisions and evaluate solutions

- Adapting and modifying actions in response to new information and/or unexpected events
- Balancing competing priorities and demands
- Analysing and interpreting data from multiple sources to determine appropriate interventions and judge their effectiveness



### Professionalism and Work Ethic: Demonstrating personal management practices and a high level of integrity and ethical behaviour

- Respecting the life experiences and circumstances, spiritual/religious/cultural beliefs, and health choices of others
- Managing time, data, and resources to meet deadlines
- Working effectively in a high-pressure environment



### Teamwork and Collaboration: Working as a productive member of a group and collaborating with others to achieve set goals

- Leading and interacting with colleagues and clients/patients who reflect different backgrounds, learning styles, and approaches
- Working collaboratively within the context of an interdisciplinary team
- Identifying one's ideal role and contributing to the collective through caring, leading, teaching, and motivating others



### Communication: Appropriate and effective articulation of ideas and information to a range of audiences

- Using relational skills as the foundation for nursing practice
- Listening attentively and responding effectively
- Engaging comfortably with members of the public





## CAMPUS RESOURCES

- Visit **Leddy Library** and the **Writing Support Desk** on the main floor for help with academic assignments
- Improve study skills through the **Skills To Enhance Personal Success (STEPS)** program
- Discover ways to get involved on campus through the **Student Success and Leadership Centre**
- Explore mentorship opportunities through the **Connecting4Success (C4S)** and **Bounce Back** programs
- Apply to the **Volunteer Internship Program (VIP)** to get involved in the community
- Look into the **Work Study** program for on-campus employment opportunities
- Broaden your cultural awareness through the **International Student Centre** and **Student Exchange Office**
- Get assistance developing your career plan and job search skills from **Career & Employment Services**
- Consult with the **EPICentre** if you are interested in starting your own business
- Seek out assistance with academic accommodation from **Student Accessibility Services**
- Tend to your health and wellness with support from **Student Health Services, Lancer Recreation** and the **Student Counselling Centre**

### Recruitment Office

Phone: 519-973-7014  
Toll-Free: 1-800-864-2860  
Email: [info@uwindsor.ca](mailto:info@uwindsor.ca)

### Faculty of Nursing

Phone: 519-253-3000, Ext. 2258  
Email: [nurse@uwindsor.ca](mailto:nurse@uwindsor.ca)

### Career and Employment Services

Phone: 519-253-3000, Ext. 3895  
Email: [careerservices@uwindsor.ca](mailto:careerservices@uwindsor.ca)  
[experience.uwindsor.ca](http://experience.uwindsor.ca)



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