

FAMILY AND SOCIAL RELATIONS

Experience Map



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FAMILY AND SOCIAL RELATIONS

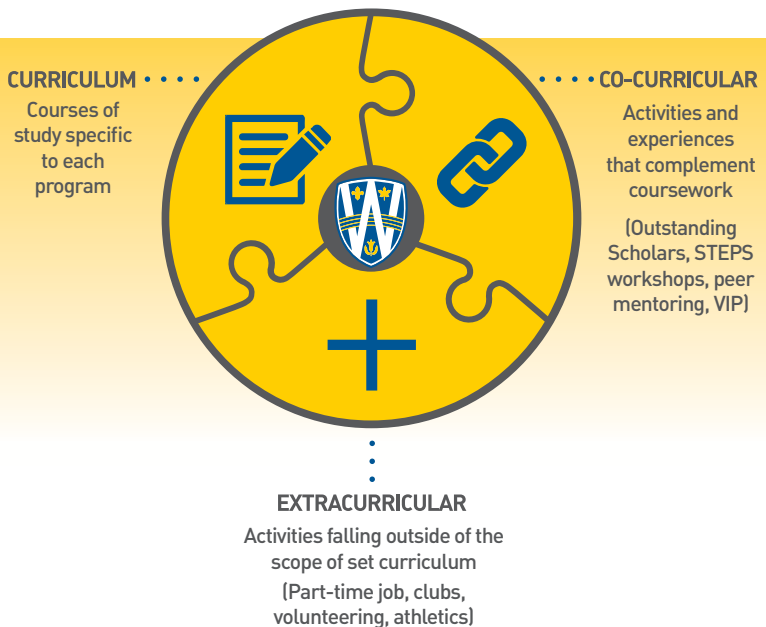
SKILLS AND KNOWLEDGE OF FAMILY AND SOCIAL RELATIONS GRADUATES

PROGRAM HIGHLIGHTS

A unique program in Canada, it will provide you theoretical and practical insights into the changes that affect families and social responses to those changes. Explore child studies, sexuality and sexual health (domestic and international), family history and change, marriage dynamics, women's issues, changing gender roles, and aging. This program combines courses from such disciplines as sociology, psychology, social work, history, and women's and gender studies.

FUNCTIONAL KNOWLEDGE

- Identifying, interpreting, and communicating key issues relevant to individuals, groups and society
- Practising several scientific methods of data collection, statistical analysis, and evaluation; using methods and tests to analyze, interpret and assess possible behaviours
- Critically evaluating and interpreting existing research/theories and applying the results to solve problems
- Describing, understanding, predicting, and modifying behaviour
- Understanding and assessing the psychological, emotional, cognitive, and social determinants of human behaviour
- Appreciating the respective roles of various governmental, community, and health-care institutions



BUILD YOUR SKILLS AND EXPERIENCE

Your UWindsor experience is more than attending classes. It is a combination of academics, co-curricular activities, and extracurricular involvement. By making the most of all three elements of your university experience, you will maximize your opportunities to build your skills, broaden your personal network, and clarify your long term academic and career goals.

CAREER PLANNING GUIDE

Intentional career planning will help you prepare for your next step after graduation. It is a fluid, dynamic, and continuous process, meaning you can move on or return to an earlier stage at any time. You can even work through simultaneous cycles, like one for your long-term dream job and another for a summer job.



Experience Map

HOW TO USE THIS GUIDE

This guide is meant to help you explore various opportunities throughout the course of your UWindsor experience. It is intended to help you link academics, co-curricular, extra-curricular and career planning activities by suggesting some of the options available to you. This is to help you see what you can do, rather than what you are required to do!

First Year

Academics



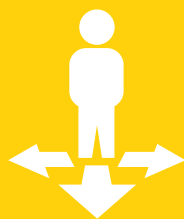
- Take required courses including Understanding Social Life and Social Dilemmas: Social Science Perspectives and Effective Writing I and II
- Review degree course requirements
- Enrol in a variety of social science courses to determine your core interests
- Meet with an academic advisor
- Receive peer mentorship from members of the Sociology and Criminology Student Association

Experience



- Explore available Criminology and Sociology research assistant opportunities*
- Apply for a co-curricular experience such as the Volunteer Internship Program (VIP)*
- Volunteer with local family oriented or social justice community organization
- Investigate research opportunities as part of the Outstanding Scholars program*
- Research student exchange opportunities for middle years*
- Join a club like the Sociology and Criminology Student Association, Social Science Society or UWSA

Career



- Create a list of things that you enjoy, areas in which you excel, and skills you have
- Meet with Career & Employment Services (CES) to develop a plan for your future years
- Consider taking an interest assessment to help you identify possible career paths
- Attend a CES workshop to learn how to find a summer or part-time job
- Become familiar with the mySuccess online job search tool
- Attend a CES resumé and cover letter workshop to get your resumé critiqued

Middle Years

- Take required courses and check in with academic advisor to make sure you are on the right path
- Look into completing a research project in final year*
- Begin taking courses in accordance with an Anthropology minor, a Sexuality minor or a minor in another discipline
- Seek out internships and courses that offer field experience*
- Start taking courses required as pre-requisites for graduate/professional school
- Consider declaring a minor and/or specialization

Final Year

- Meet with faculty and academic advisor to go over degree requirements
- Complete all required courses in order to fulfill degree audit
- Apply to graduate through MyUWindsor Portal
- Work with a faculty member on a research project or publication*
- Take a final year practicum course in Sociology with a focus on the city*
- Take a field work, capstone, or practicum course to culminate your senior experience*

- Join a professional association in your field such as the Canadian Sociology Association or Canadian Anthropology Association
- Volunteer with such community organizations as Children's Aid Society or Foundation for Equal Families
- Get involved with Bystander Program and Victim Support program run by the Courts, as well as such other opportunities as Women's Shelters, Big Brothers/Big Sisters, Hospice, and the Multicultural Council
- Participate in UWill Discover undergraduate research conference*
- Apply for student exchange program*
- Expand your skills by taking on a summer, part-time or volunteer position
- Look for a leadership role in a club or society

- Become a teaching assistant or research assistant with a faculty member*
- Run for a UWSA executive position
- Conduct field research with faculty member*
- Become a tutor for Students Offering Support (SOS)
- Join the UWindsor Model NATO or Model United Nations

- Research career fields and occupations that are of interest to you
- Explore opportunities and meet employers through a job fair or employer information session
- Attend the Graduate and Professional Schools Fair to explore further educational opportunities
- Analyze the requirements for graduate or professional schools of interest
- Make an appointment with Career & Employment Services to explore career options
- Create a LinkedIn profile and have it critiqued
- Take part in informational interviews through sources such as Ten Thousand Coffees

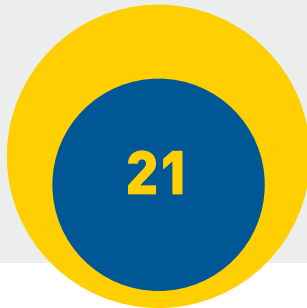
- Consider applying to graduate or professional school and be aware of early application deadlines
- Meet with Career & Employment Services to prepare application documents such as a resumé, CV or personal statement
- Attend an Interview Skills Workshop and Job Search Tips Workshop
- Set up a mock interview for professional school or job applications
- Meet employers at the annual job fair in January
- Compose a portfolio of relevant academic and work experience

* High-Impact Practice: educational practices that include experiential learning as a basis for student engagement and successful scholarship

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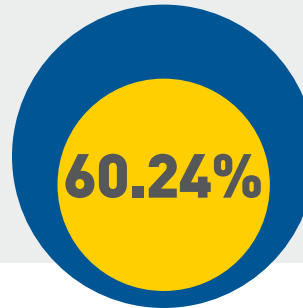
LIFE AFTER GRADUATION

2016



Number of University of Windsor graduates from Family and Social Relations in 2016.

2013



Percentage of Canadian university social and behavioural sciences graduates who continued their studies post-bachelor degree. (National Graduates Study 2013)



COMMON INDUSTRIES FOR FAMILY AND SOCIAL RELATIONS GRADUATES

- Academia
- Business: Analysis, research, corporate communications
- Education: public schools, vocational/corporate training
- Government services
- Journalism: political correspondence and analysis
- Law and law enforcement
- Politics: political office, campaign management, polling and research, speechwriting
- Public policy think tanks and consulting: public/private sectors

CAREER TRACKS*

Administrative assistant
Case worker
Child and youth worker
Communications specialist
Consultant
Counsellor
Court monitor

Development analyst
Educational assistant
Health educator
Human resources manager
Immigration officer
Industry instructor
Journalist

Lawyer
Legal consultant
Operations director
Professor
Project manager
Psychologist
Public official

Public policy analyst
Public relations officer
Recreational director
Research co-ordinator
Sales manager
Social worker
Teacher

* Additional education and/or training required for some of the above careers.

CAREER-READINESS COMPETENCIES



Critical Thinking and Problem Solving: Using strategic and creative thinking to make decisions and evaluate solutions

- Analyzing multiple dimensions of an issue in a number of relevant contexts to systematically investigate a problem
- Understanding how to apply new and/or unfamiliar information to various situations and settings
- Performing comparative and critical analyses of primary sources to support and/or reject various ideas, opinions, and proposals



Professionalism and Work Ethic: Demonstrating personal management practices and a high level of integrity and ethical behaviour

- Understanding and applying global leadership principles sensitive to social, cultural, and political issues
- Setting priorities, meeting deadlines, and effectively managing time, data, and resources under pressure
- Concentrating on relevant resources when presented with multiple sources of information



Teamwork and Collaboration: Working as a productive member of a group and collaborating with others to achieve set goals

- Working effectively as part of a team by identifying your role and contributing, through leading, teaching, and encouraging others, to its success
- Supervising/overseeing a project from conception to conclusion while determining outcomes, making decisions, and delegating roles optimally
- Applying knowledge of the structures of decision-making and power to lead in various economic and social roles



Communication: Appropriate and effective articulation of ideas and information to a range of audiences

- Writing careful, clear, concise, and reasoned reports, essays and other prose documents
- Preparing engaging, creative, and informative presentations that appropriately target diverse audiences
- Developing attractive and effective reports, presentations, and resources using appropriate technological aids



CAMPUS RESOURCES

- Visit **Leddy Library** and the **Writing Support Desk** on the main floor for help with academic assignments
- Improve study skills through the **Skills To Enhance Personal Success (STEPS)** program
- Discover ways to get involved on campus through the **Student Success and Leadership Centre**
- Explore mentorship opportunities through the **Connecting4Success (C4S)** and **Bounce Back** programs
- Apply to the **Volunteer Internship Program (VIP)** to get involved in the community
- Look into the **Work Study** program for on-campus employment opportunities
- Broaden your cultural awareness through the **International Student Centre** and **Student Exchange Office**
- Get assistance developing your career plan and job search skills from **Career & Employment Services**
- Consult with the **EPICentre** if you are interested in starting your own business
- Seek out assistance with academic accommodation from **Student Accessibility Services**
- Tend to your health and wellness with support from **Student Health Services, Lancer Recreation** and the **Student Counselling Centre**

Recruitment Office

Phone: 519-973-7014
Toll-Free: 1-800-864-2860
Email: info@uwindsor.ca

Department of Sociology, Anthropology and Criminology

Phone: 519-253-3000, Ext. 2188
Email: socanth@uwindsor.ca

Career and Employment Services

Phone: 519-253-3000, Ext. 3895
Email: careerservices@uwindsor.ca
experience.uwindsor.ca



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